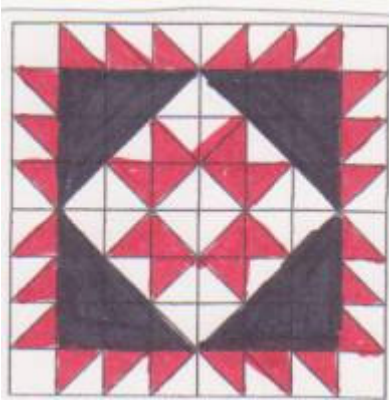


Delectable Mountain Quilt block for LQG –BOM Nov.2009

The name of this pattern comes from J.Bunyan's *The Pilgrim's Progress*, published in 1678. One of the few books considered appropriate for young women in Colonial society. The Delectable Mountains in the story represent a place of great beauty, it seemed appropriate to give the name to a beautiful quilt pattern. And don't we live in a beautiful region!



Cutting instruction

black

2 – 5 3/8" squares, cut once diagonally, set aside

Red

18 – 2 1/2" square

White

18 – 2 1/2" squares

6 – 2 3/8" squares, cut once diagonally, for center block

4 – 2" squares, cornerstones

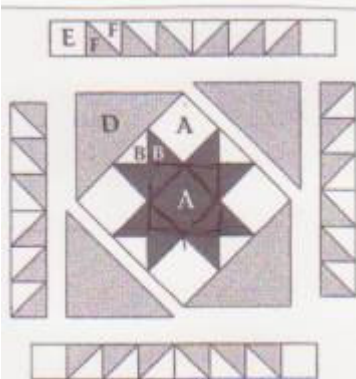
Sewing instructions



Take one red and one white 2 1/2" squares, putting them right sides together. Stitch 1/4" from centerline on both sides. Cut apart and press. Repeat with all red and white 2 1/2" squares. Trim down to 2" squares.

Lay out the white/red center first, pay attention – you need the precut 2 3/8" white squares. Then sew them together in rows. (Sorry, I didn't have a different picture, but the center in my block is white! I just want you to see the order in which it goes together).

Add the black triangle as shown in diagram.



Add the border units as shown. You made it!