

Langley Quilter's Guild
Block of the Month
January for February 2008

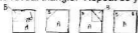
Heart Block
Finished size: 12"

For this block we are using flannel. For more interest, choose a variety of prints and plaids in a selection of warm winter colors. At least 4 Reds for the heart, surrounded by beiges, tans and light browns. Borders are done in greens, golds, blues and variations thereof, in darker tones. You will have extra pieces, consider making a second block.

- A From 2 different reds cut 2 (4 1/2") squares
 - B From the assorted beige, tans, and light brown cut 4 (2 1/2") squares
 - C From 2 more different reds cut 2 (4 7/8") squares – Cut in half diagonally – you will use 1 triangle from each square
 - C From the assorted beige, tans and light brown cut 2 (4 7/8") squares – cut in half diagonally – you will use 1 triangle from each square
 - E From each of 4 different border colors cut 1 (2 1/2" x 8 1/2") rectangle
 - D From reds cut 2 (2 7/8") squares, cut in half diagonally
 - D From lights cut 2 (2 7/8") squares, cut in half diagonally
- Note for D: If you cut 4 squares of each color, you will only use one half triangle from each square.

Block Assembly:

- For A/B unit – using the snowball method, place B square in top left corner of A square. Mark a line diagonally across small square from the right top corner to the left bottom corner. Now stitch – not directly on the line but one stitch width away – towards the top corner NOT towards the center of the large red square. Trim excess fabric 1/8" from stitching. Press open to reveal triangle. Repeat so you will have 2 A/B units.



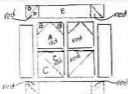
- Join 1 red and 1 light triangle C to make 1 C unit. Make 4 C units



- Join 1 red and 1 light triangle D to make 1 D unit. Make 4 D units.



- Following diagram join 2 A/B units and 2 C units to make center. Add 1 E to each side of center. Join 1 D unit to each end of remaining E strips as shown. Join to top and bottom.



Tip: Flannel has more stretch or "give". Be careful in handling fabric. (I kept measuring my block to make sure I was still on track).